

CU CHAMPION

CHAMP: Teenagers' Involvement

Comprehensive Health And Mentorship Program

Objectives:

- Interact with CUHK Faculty of Medicine students
- Learn about geriatric care and medication safety on KEEP platform

Duties in Summer Outreach :

Registration

Body Mass
Index
Measurement

Blood
Pressure

Elders
Feedback
Survey

Shadowing

Passion In Action

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CHAMP's Summer Outreach Self-assessment

*Ratings: 1 (Lowest) - 5 (Highest)

Awareness toward
Medication Safety

4.1*

Understanding of
Medication Safety

3.9*

Improved
understanding in
Geriatric Care

4.1*

Communication
skill with elderly
people

4.0*

General
Communication
skill

3.9*

Provided materials
are very useful

4.0*

Will join CHAMP
again

90%

Want to study in
CUHK Faculty of
Medicine

82%

Passion In Action

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CHAMP's Geriatric Care Knowledge

Most AF have
no symptoms



131%

AF increases
stroke risk



50%

Dementia is
not curable



35%

Complication
of DM



35%

Symptoms of
dementia



7%

Usage of BP
monitor



6%

**Overall
Knowledge**



5%

AF : Atrial Fibrillation (心房顫動)

Passion In Action



CU CHAMPION

Be part of CHAMP!

- Increase appreciation for elderly
- Improve communication skills
- Gain basic health and elderly medication knowledge
- Explore the programs of Faculty of Medicine and university life in CUHK
- A new volunteering and learning experience

Passion In Action