

CU CHAMPION Summer Outreach 2016 : An Overview

CU CHAMPION (Community Health And Medication-safety Promotion Inter-school Outreach Network)

Developed in 2013, CU CHAMPION is a joint school outreach team of the Faculty of Medicine, CUHK. In the past two years, CU CHAMPION has conducted various on and off campus health promotion and outreach events. Today, it is a joint schools outreach program with the participation of CUHK Medicine, Pharmacy, Nursing, Gerontology, Chinese Medicine, and Social Work students and alumni. The team has served 1,000 CUHK personnel, and 5,700 citizens in Hong Kong.

CHAMP (Comprehensive Health Advocacy and Mentorship Program)

CHAMP is a pilot program that provides interaction and mentoring experience between secondary schools, and CUHK medical students. In addition, CHAMP is a sub-branch of CU CHAMPION. CHAMP volunteers will learn about basic geriatric care, and explore the life as medical students via participating in such activities with CUHK Faculty of Medicine students.

Summer Outreach 2016

Aging impact on our health system is an undeniable fact. It is important for younger generation to recognize the needs of elders at the domestic level. In 2016, CU CHAMPION aims to promote medication safety, raise the awareness of dementia and atrial fibrillation to senior citizens. In addition, it will introduce the elders' health needs and problems to secondary school students (CHAMP) to prepare them for the demand of aging population.

On the other hand, the team will conduct two additional services for rehabilitants and ethnic minority citizens, in order to reach out their medication and health needs. There will be a series of outreach events and collaborative learning to improve CUHK and secondary school students' understanding on geriatric, and rehabilitation care in different perspectives.

Details

Members	: CUHK Medicine, Pharmacy, Nursing, Gerontology, Chinese Medicine, Social Work students, and Secondary school students.
Date	: July 9 to August 27, 2016 (Saturdays) <i>There will be one afternoon session forrehabilitants.</i>
Time	: 11 to 6 pm <i>some sessions will begin from morning to late afternoon.</i>
Content	: Health questionnaire, drugs education, electrocardiography, body mass index, blood pressure, glucose monitoring, interaction with secondary school students volunteers
Sessions	: 32 Elderly, 1 Rehabilitation, and 1 Ethnic Minority outreach sessions
Venues	: Elderly centers, rehabilitation hostel, non-profit organization of Hong Kong
Briefing	: Attend one of the following briefing workshops: A: 12:00pm, June 25, 2016 (Saturday), LT 4, YIA, CUHK B: 3:00pm, June 25, 2016 (Saturday), LT 4, YIA, CUHK C: 2:00pm, July 2, 2016 (Saturday), LT 4, YIA, CUHK
Application	: Apply at http://goo.gl/forms/X2Pyy4GeAp <i>Application Deadline: 11:59PM, June 20, 2016</i>

CU CATALYST 2016

Students who participate in Summer Outreach 2016 will be enrolled in an e-learning platform called CU CATALYST 2016 on Blackboard. It is designed to develop an inter-departmental cross-disciplinary e-teaching platform in health sciences education. Students from different disciplines will study together with the same objective to improve health and medication safety awareness in Hong Kong.

The platform will provide materials to enrich students' geriatric knowledge in different perspectives. In addition, there will be informative resources for understanding the needs of elderly people. Core lecture elements will be shared on the platform by using micro modules and flipped classroom. Video case scenarios will be used to facilitate the delivery of lecture materials.

Certificate of Participation

Certificates will be awarded to students who complete the assigned duties, assignments and quizzes.